

Vaccines are our best protection



Last winter, 190,000 people in England were hospitalised due to COVID-19 or flu

Millions of people are being offered vaccination to help protect them over the coming months

Who can get vaccinated?

You can get free flu and COVID-19 vaccines this winter if you:

- are 65 or over
- have a certain health condition
- are pregnant
- are a frontline health or care professional
- are an unpaid carer
- live with someone who has a weakened immune system

Children aged 2 or 3 years on 31 August 2023 and school aged children (from Reception to Year 11) can also get the flu vaccine

www.nhs.uk/seasonalvaccinations